

# BRSS TACS

Bringing Recovery Supports to Scale

TECHNICAL ASSISTANCE CENTER STRATEGY

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**Sara Schade** is the executive director of Unlimited Alternatives, a nonprofit peer-run drop-in center in Grand Rapids, Michigan. Ms. Schade trains and speaks across the United States on the topics of trauma-informed care, MAT, and recovery-oriented systems of care (ROSC). Ms. Schade is a passionate trainer and speaker. The Great Lakes Addiction Technology Transfer Center contracted with her to provide consultation for ROSC implementation and she has been an expert panelist for SAMHSA. Ms. Schade is a certified peer support specialist and recovery coach with a year of providing training for the State of Michigan. Ms. Schade is a person living in long-term recovery; for her, this means living more than 10 years without opiates. She is on a MAT workgroup for the State of Michigan, advocating for the recovery community and reducing negative perceptions, to reform MAT through her own personal and professional experience.

She advocates for the peer workforce and its development, with her experience and expertise in substance use disorders and mental health issues. Ms. Schade does outreach to people experiencing homelessness and she is learning how to support those individuals to better their lives. She believes that passion is contagious and that recovery happens, and as Maya Angelou said, she “tries to be a rainbow in someone’s cloud.” She spreads this message with empathy and compassion to all who hear it. Ms. Schade lives in Grand Rapids, Michigan, with her three children. When not working, Ms. Schade enjoys listening to old records, painting, and meditating.